

BEST PRACTICE – 01

Title of the Practice: Nurturing Environment with best practices (Eco-Friendly *Ganesh Utsav*)

Objectives of the Practice-

- To inculcate Awareness of the Environment among stakeholders.
- Hands-on training for students and society.
- To celebrate traditional events by the eco-friendly method
- To reduce water pollution.

The Context:

In Indian Culture especially in Maharashtra *Sri Ganesh* Festival is one of the traditional festivals. *Shri Ganesh*, the lord of Knowledge established and worships for ten days in the month of *Bhadrapat* in the form of *Murti* made by plaster of Paris. At the time of *Ganesh Visarjan* (dissolution of clay), the water of wells, rivers, lakes, dams, and seas was polluted by *Murti* made from plaster of Paris.

To protect the environmental atmosphere, we focus on eco-friendly clay *Murti*, which are made from natural soil. We conduct this activity to enhance the awareness of water pollution among stakeholders and society.

The Practice:

We have organized the training workshop for stakeholders and society for eight days of the *Shri Ganesh* Festival. The schedule of workshops is prepared and displayed on the notice boards as well as on the college website for students and society.

In the first session of the workshop, participants registered themselves and collected the required material for the clay modelling. The inaugural ceremony started with *Shri Ganesh Vandana* and the felicitation of dignitaries.

Practical Session: In this session, the expert gave hands-on training to participants. As per the instructions of the expert, participants prepared the *Ganesh murti* by natural soil. Parents, students, alumni, and staff members enjoyed this session of clay-making. Participants decide to use hand-made *Ganesh murti* (idol) for worship in the festival instead of plaster of Paris idol.

In the counselling session, the prizes are given by the hands of dignitaries.

Evidence of Success:

Number of students: During the last five years participants involved in the workshop

- 2017-18 – 20
- 2018-19 – 27
- 2019-20 – 31
- 2020-21 – Nil (Pandemic)

- 2021-22 - 37

Use of natural source

In this workshop, participants used natural sources like Shadoo soil for the preparation of Ganesh's idol. In this workshop, participants were also aware of avoiding the use of plaster in Paris. Plaster of Paris is harmful to water ecology due to its non-dissolvable property and on the other hand, shadoo soil is dissolvable in water easily.

Skill development & Social awareness among students

All the participants actively participated in this social activity. This activity enhances the artistic view; holistic approach and environmental awareness were increased.

Problems Encountered and Resources Required:

- Availability of Shadoo soil – It is difficult to arrange shadoo soil from the city market for this activity.
- Social laziness – People are not so interested to make shadoo soil statues due to it is a time-consuming activity.
- Human Resources for Training and participant: It is hard to manage human resources including trainers and active participants.
- Easy availability of plaster of Paris: In the market, most of the statues are available of plaster of Paris in large amounts and at low cost in comparison with shadoo idol.

BEST PRACTICE – 02

Title of the Practice: Women's Empowerment

Objectives of the Practice-

- To create a stress-free atmosphere for working women
- To enhance healthy relationships in the family
- To create health awareness
- To develop self-personality
- To create career opportunities

The Context:

The above-mentioned activity is specially organized for common women, working women, girls students, old age women, etc. In Indian patriot society, such types of programs are necessary to create awareness regarding gender equality. With such kind of activity, they are ready to face the problems in various stages of society i.e. personal, family, working place and social life.

The Practice:

For Women Empowerment College organized the following activities during the assessment period –

2017-18 – Stress management for working women – One-day workshop organized on the concerned subject. The problems of working women were discussed in this workshop on dated 5th October 2017. Experts addressed the various stress-related issues such as family management, and gender equality in society.

2018-19 – Bandh Natyache Sashakt Kutumbache – One-day Awareness Programme regarding women's issues organized by the college on dated 14th October 2018. This program focused on challenges in marriage life and family relationship in the present era.

2019-20 – Parampareche Lene Arogyache Dene – ‘Fit India Movement’ declared by the Prime Minister of India, college organized one day workshop on dated 5th October 2019. It was focused on women's empowerment regarding health and traditional festivals of the Maharashtra region. In this program, experts discussed traditional dances, music, sports, and special diets prepared for festivals.

2020-21 – Aka Stri Rangakarmicha Prawas (Online) - During the COVID-19 Pandemic period college organized an online session for personality development on dated 31st October 2020. In this program, the expert shared her experiences in her career life and addressed career opportunities, skill development, employability, and entrepreneurship for women.

2021-22 – Adi Shakti Anadi Mi Anant Mi – On the occasion of Azadi ka Amrut Mahotsva and Golden Jubilee ceremony of ABSS, Nanded College organized one day workshop entitled ‘Adi Shakti – Adnadi Mi Anant Mi’ dated 9th October 2021. In the current scenario, the need for personality development is very important. This program centralized on the enhancement of women in various sectors of society. It also focused on women's leadership, responsibilities, and their constitutional rights.

Evidence of Success:

Number of students: During the last five years participants involved in the workshop

- 2017-18 – 23
- 2018-19 – 26
- 2019-20 – 21
- 2020-21 – Online
- 2021-22 – 33

It helps to release stress among working women and various stakeholders in their day-to-day life. It creates awareness regarding Indian traditional festivals and their importance in day-to-day life. It helps to be attentive to career opportunities in various sectors.

Problems Encountered and Resources Required:

- Lacks confidence in women – Most women are not confident about their capabilities because of a lack of confidence.
- Orthodox – Women should become free from the orthodox mentality.
- Prejudice about gender- In today's era, gender awareness is very important because women are prejudiced about their self-gender.